

7—Healing the Past

2/23/24

INTRO:

I. → Isaiah 53:1-6

*Who has believed our message
and to whom has the arm of the Lord been revealed?
He grew up before him like a tender shoot,
and like a root out of dry ground.
He had no beauty or majesty to attract us to him,
nothing in his appearance that we should desire him.*

→ 3 *He was despised and rejected by mankind,
a man of **sorrows**, and familiar with **suffering**.*

Heb (*makov*) anguish, pain, sorrow

Heb (*choliy*) anxiety, sickness, suffering

*Like one from whom people hide their faces
he was despised, and we held him in low esteem.
Surely he took up our **suffering**
and bore our **sorrows**,
yet we considered him **stricken** by God,
smitten by him, and afflicted.*

→ 5 *But he was pierced for our transgressions,
he was crushed for our iniquities;
the **punishment** that brought us **peace** was on him,
and by his **wounds** we are **healed**.*

*We all, like sheep, have gone astray,
each of us has turned to our own way;
and the Lord has laid on him
the iniquity of us all.*

II. THE POST EXILE GENERATION

They were free physically,
but they were still in bondage emotionally

BODY:

I. Atoning Sacrifice

A. Before we can move on we need to deal with our past.

1) **Isaiah 40:2**

*Speak tenderly to Jerusalem,
and proclaim to her
that her hard service has been completed,
that her sin has been **paid for**,
that she has received from the Lord's hand
double for all her sins.*

2) **THE WHOLE BURNT OFFERING**

B. Jesus was the sacrifice so complete it left no guilt in its wake.

1) **1 John 4:10**

*This is love: not that we loved God, but that he loved us and
sent his Son as an **atonement sacrifice** for our sins.*

2) **IT WAS ME THAT PUT HIM THERE**

II. Reconciling Suffering

A. Undealt-with trauma affects all of our relationships.

1) **2 Corinthians 5:19**

*That God was **reconciling** the world to himself in Christ, not
counting people's sins against them. And he has committed
to us the message of **reconciliation**.*

2) **EPIGENETICS AND GENERATIONAL HEALING**

Ending the ongoing wars

B. Sometimes we do the most growing when we suffer.

1) **1 Peter 2:20-21**

*But if you **suffer** for doing good and you endure it, this is
commendable before God. To this you were called, because
Christ **suffered** for you, leaving you an example, that you
should follow in his steps.*

2) **REBREAKING MY LEG AND NOT CASTING IT**

III. Healing Sorrow

A. There is something healing about tears of sorrow.

1) **2 Corinthians 7:11**

*See what this godly **sorrow** has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done.*

2) **RAILWAY MAN—THAI BURMA DEATH RAILWAY**

250,000 Asians and 12,000 allied soldiers worked

Meeting at Hellfire Pass

Eric Lomax and Takashi Nagase became great friends
and remained so until Nagase's death in 2011

B. The healing of the cross turns all our wounds into scars.

1) **1 Peter 2:24**

*He himself bore our sins in his body on the cross, that being dead unto sins we might live unto righteousness; "by his wounds you were **healed**."*

2) **I ALREADY FORGAVE YOU**

Sometimes it is we who need to say it

OTHER SCRIPTURES:

Ecclesiastes 7:3-4

Sorrow is better than laughter,
because a sad face is good for the heart.
The heart of the wise is in the house of mourning,
but the heart of fools is in the house of pleasure.

1 Peter 3:17-18

For it is better, if it is God's will, to suffer for doing good than for doing evil. For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God.

1 Peter 5:10-11

And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.